



FREQUENTLY ASKED QUESTIONS

Who is this retreat for?

Brotherhood in Betrayal is designed only for men who have experienced partner betrayal through infidelity, emotional affairs, sexual betrayal, or significant relational deception. You may be relatively early after discovery or many years removed from it. What matters is whether the betrayal is still affecting you and whether you are ready to do meaningful work around it.

Can I attend if I am still with my partner?

Yes. The retreat is not designed to push you toward staying or leaving. You may be rebuilding your relationship, uncertain about its future, separated, or trying to determine what you want. The weekend is focused on you and your healing.

Can I attend if we are separated or divorced?

Yes. Ending a relationship does not automatically end the impact of betrayal. If anger, intrusive thoughts, grief, comparison, trust issues, self-doubt, or other betrayal injuries are still affecting you, there can still be meaningful work to do.

Is it too soon after discovery for me to attend?

There is no required waiting period after discovery of your partner's betrayal. Men can be in very different places in recovery. The retreat is structured around safety before depth, and participation in experiential work is invitational rather than forced. If you are unsure about timing, tell us about your situation on the registration request form.

What if my betrayal happened years ago?

You are still welcome. Time and healing are not the same thing. Brotherhood in Betrayal is not only for men in immediate crisis. It is also for men who recognize that betrayal continues to affect confidence, relationships, sexuality, trust, anger, identity, or other areas of life.

Do I have to know whether I am staying or leaving my relationship?

No. You do not need to have made a relationship decision before attending. The retreat is focused on helping you understand your own injuries, responses, boundaries, self-trust, and recovery.

Is this a licensed mental health treatment retreat?

No. Brotherhood in Betrayal is not offered as a licensed mental health treatment retreat or medical service. It is an educational, coaching, growth, resilience, renewal, and brotherhood experience built around the Masculine Betrayal Trauma Recovery framework. The weekend includes teaching, guided exercises, experiential and body-based activities, group discussions, reflection, practical tools, and opportunities for men to better understand their betrayal journey and strengthen their path forward. It does not establish an ongoing professional treatment relationship with Adam, Sam, 2WRK, LLC, or The Betrayal Shrink.

BROTHERHOOD -N- BETRAYAL

Do I have to share everything that happened?

No. This is a group experience and participation matters, but you will not be forced to disclose details you are not ready to share. The goal is to create an environment where men can challenge themselves while maintaining choice and personal boundaries.

How is confidentiality handled?

Participants are expected to keep other men's identities, stories, statements, and personal information confidential. You may talk about your own experience, but not identify or share another participant's private experience without permission. Because this is a peer group setting, confidentiality is strongly expected but cannot be absolutely guaranteed.

When and where is the retreat?

The retreat is Friday, January 22 through Sunday, January 24, 2027, at Inn Cahoots on East 6th Street in Austin, Texas. Inn Cahoots check-in begins at 4:00 PM Friday. Retreat programming begins at 6:00 PM Friday and concludes at 12:00 PM Sunday.

What is included in the retreat price?

The regular \$2,000 retreat fee includes Brotherhood in Betrayal programming led by Adam and Sam, retreat materials and exercises, all retreat meals, and two nights of lodging at Inn Cahoots based on shared, double-room occupancy.

Is there an Early Bird price?

Yes. Complete registration by November 1, 2026 and the retreat fee is \$1,750, a savings of \$250. After November 1, the regular retreat fee is \$2,000, subject to availability.

What are the room arrangements at Inn Cahoots?

Included lodging is based on two men per room. Rooms may feature a combination of queen-size and full-size beds. Final room assignments and lodging details will be provided to registered participants.

Do I have to stay at Inn Cahoots?

No. If you prefer private lodging, or want to arrive earlier or stay longer, you may make your own accommodations. We have identified a hotel directly across the street from Inn Cahoots. You are responsible for booking and paying for alternative lodging directly, and choosing separate accommodations does not reduce or change the retreat fee.

Can I extend my stay in Austin?

Yes. You may arrive before Friday or stay beyond Sunday by arranging and paying for additional accommodations on your own. Additional lodging options available upon request.

What should I wear?

Dress comfortably and casually throughout the retreat. We will spend a good amount of time sitting, reflecting, and doing process work, so wear clothing that allows you to feel relaxed and move comfortably.

Saturday evening will include a planned night out in Austin, so bring something appropriate for going out while still keeping comfort in mind. January temperatures in Austin can vary, especially between daytime and evening, so we recommend bringing layers and checking the forecast before you travel.

Are flights and transportation included?

No. Each participant is responsible for arranging and paying for travel to and from Austin and local transportation. Inn Cahoots does not have a parking garage, so participants who drive should plan for available metered street parking or nearby surface lots.

What should I plan for on Friday?

Inn Cahoots check-in begins at 4:00 PM Friday, January 22. Retreat programming begins at 6:00 PM. Plan your travel so you have enough time to arrive, check in, get settled, and be ready to begin at 6:00 PM.

How do I reserve my spot?

Start by completing the registration request form on the website. Submitting that form does not reserve your place or require payment. We will send you the formal registration documents, payment information, and next steps. Your place is secured only after the required registration and payment steps are completed.

Is there a deposit?

Yes. A \$600 deposit is required to reserve your place and is non-refundable except where otherwise required by law. The deposit amount, payment schedule, and payment instructions will be included in the formal registration materials.

What is the cancellation and refund policy?

Cancellations made before December 15, 2026, will result in forfeiture of the \$600 deposit. No additional charges will be made.

Cancellations made on or after December 15, 2026, are non-refundable. No portion of the total payment will be returned.

What if I miss part of the retreat because of travel problems?

Participants are responsible for their own travel arrangements. Refunds or credits are not provided for missed sessions or retreat activities caused by flight delays, cancellations, weather, transportation problems, illness before travel, or other travel-related issues beyond the control of 2WRK, LLC.

What if I am currently in a mental health crisis?

Brotherhood in Betrayal is not a crisis or emergency mental health program. If you are experiencing active suicidal thoughts, severe psychiatric instability, or another condition requiring immediate specialized care, the retreat may not be appropriate for you and you should seek appropriate qualified or emergency support.

I still have questions. What should I do?

Use the Comments / Questions section of the registration request form or email adam@betrayalshrink.com. We want you to understand what the weekend involves and determine whether Brotherhood in Betrayal is the right experience for you before you commit.